







# **Table of Contents**

Farewell Letter from President & CEO David K. Mineta	4	
Who We Serve	5	
FY24 at a Glance	6	
Our Services / What We Do	7	
A Milestone for Mental Health: New Adult Residential Treatment Program Opens at 650 S. Bascom Ave	8	
Staff Spotlight: Sarah Fried, Occupational Therapist	10	
Third Annual Momentum Book Drive Gathers Nearly 4,000 Books for Programs	12	
Donor Highlight: Kharlo Barcenas and Shelly Tam	14	
La Selva Group Launches New Evening Intensive Outpatient Program	16	
FY24 Expenses & Revenue	18	
FY24 Board of Directors & Executive Team	19	
Thank You to Our Donors	20	
Support Our Work Back Co	Back Cover	

# Farewell letter from

# David K. Mineta, President & CEO

Dear Friends,

What does it really mean to be a "client-centered" organization?

For me, over the years, this approach has become more than just a best practice—I think of it as my north star.

The last several years have brought many challenges to nonprofit organizations, and healthcare-focused nonprofits specifically: behavioral health workforce shortages, a global pandemic, and sweeping changes to medical billing and reimbursements chief among them.

But through it all, what encouraged me then—and what continues to encourage me—is the reminder of why Momentum exists. We are here because we have a responsibility to serve our community no matter the ups and downs, just as we always have.

When I first started in 2015, I wrote in my inaugural annual report letter that "In the face of seismic shifts presented to our field...some things need to remain constant". Although I wrote those words nearly ten years ago, they couldn't be more true today.

As I prepare to close the chapter on my time at Momentum later this fiscal year, I find myself reflecting on the last decade and the core values that have guided me through to this point, including that people can and do change and that recovery is possible.

There will always be unknowns around the next corner, but I feel strongly that as long as we continue keeping our community and those we serve at the forefront of what we do, we will keep making strides toward accessible behavioral health treatment for all.

It's been a profound honor to lead this organization for the past ten years, and I feel forever fortunate to have been in the company of 500+ colleagues who also believe this work is a priority and a privilege; that putting our clients first will never go out of style.

I'm also grateful to our generous donors, our compassionate volunteers, our dedicated Board of Directors, and of course our community partners in the field. Your collective efforts make our programs and services possible.

Thank you for putting your confidence in me to steward this essential, human work. I'm looking forward to what's next for Momentum, and until then, I hope you enjoy our FY24 annual report: "A Commitment to Community."

With gratitude,



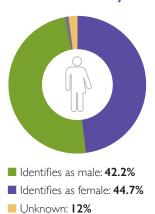
DAVID K. MINETA
President & CEO
Momentum for Health

Favil K. Minit

# Who We Serve

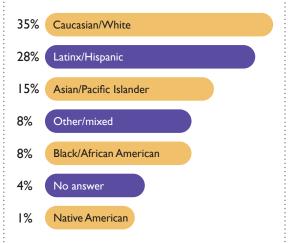
4,752 clients served between July 1, 2023, and June 30, 2024

### **Gender Identity**



■ Non-binary: 1%

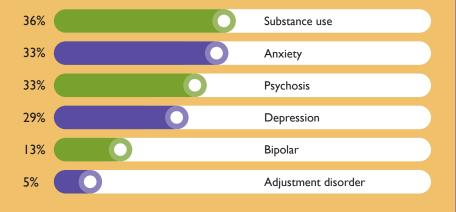
### **Ethnicity**



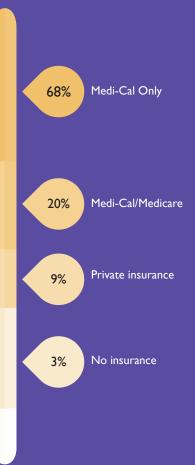
### **Medical Conditions**



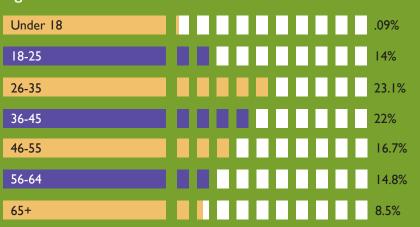
### Diagnosis (clients can have more than one)







### Age



# FY24 at a Glance

1009

people used the Crisis



of crisis residential discharges were to a lower level of care



clients were assisted with finding employment through our Employment Services program

individuals were trained in Mental Health First Aid (MHFA)



dispatches made through our TRUST mobile crisis response program

### Client Employment Obtained in FY24



# **Our Services**

Fiscal Year: July 1, 2023 - June 30, 2024

### Residential

### Crisis Stabilization Unit (CSU)

A welcoming place to land for up to 23 hours for adults experiencing a mental health crisis.

### **Crisis Residential Treatment**

A homelike environment as a voluntary alternative to hospitalization for about 30 days.

### **Adult Residential Treatment**

Ongoing, nurturing behavioral health support for adults needing extended care.

### Parisi House on the Hill

Helps break the cycle of addiction for mothers and their children by providing counseling, education, child development services, and a safe place to live while they rebuild their lives.

### **Community Programs**

### Mental Health First Aid (MHFA)

Training that teaches community members how to detect and intervene in mental health crises.

# Trusted Response Urgent Support Team (TRUST)

24/7 mental health crisis response service for northern Santa Clara County residents, providing urgent support through a call center and field response teams.

### To Be Honest\*

Aims to reduce mental health stigma among Santa Clara County youth and families via education and creative platforms that normalize mental health challenges.

### **Outpatient**

### Acute Outpatient\*

Customized treatment plans for people facing behavioral health crises.

### Addiction Treatment\*

Customized treatment plans for those who struggle with substance use.

### **Adult Outpatient**

Therapy, case management, and medication management for adults seeking mental health support.

### **Support Services**

### **Employment Services**

Training and support to help adults find meaningful work, promoting stability and well-being.

# Independent and Supportive Housing

Access to secure housing options, helping clients rebuild their lives with stability.

# Youth & Transitional Age Youth\*

Prevention & Early Intervention Services for youth and young adults showing early signs of psychosis.

### **TAY Outpatient**

Therapy, case management, and medication management for youth seeking mental health support.

### **TAY Acute Outpatient**

Helping youth experiencing physical, social, behavioral, and emotional distress. After-school space A dropin center for clients enrolled in our youth programs.

### La Selva Group

### Residential

Comprehensive, individualized care in a supportive, homelike environment.

### **Dual Recovery**

Integrated treatment for substance use and mental health challenges in semi-independent, sober living apartments.

### Supportive Housing

Semi-independent living in shared and private rooms with daily staff supervision.

### Outpatient

Integrated care services such as counseling and case management for clients to reach their full potential and live fulfilling lives.

# Functional Neurological Disorder (FND) Track

Residential, partial hospitalization and intensive outpatient levels of care for clients with FND.

### La Selva Community Clinic

Free comprehensive mental health services for English and Spanishspeaking adults without insurance.

<sup>\*</sup>As of October 2023, our youth and young adult programs, including To Be Honest (on page 5) are no longer active. Additionally, our Outpatient Addiction Treatment program has also closed. This annual report is intended to be read in the context of fiscal year 2024, which began on July 1, 2023, and ended on June 30, 2024.



### New Adult Residential Treatment Program Opens at 650 S. Bascom Ave.

n January 2022, the County of Santa Clara
Board of Supervisors declared a behavioral
health emergency in Santa Clara County. The
declaration, co-authored by Supervisor and Board
President Susan Ellenberg and Supervisor Otto
Lee, made a call to action to treat and alleviate
the ongoing mental health and substance use crisis
in the county.

Less than two years later, in August 2023, Momentum for Health celebrated the grand opening of a new, 28-bed Adult Residential Treatment (ART) center in partnership with the County, to serve people stepping down from more acute settings and transitioning back to independent living. Momentum was chosen as the County's operating partner to staff the 24/7 facility at 650 S. Bascom Ave in San Jose, located in a former detox facility.

Crossroads II, modeled after our Crossroads Village program on the Eastside, serves as a middle ground

for people who no longer require the highest level of behavioral health care but have specialized needs, such as additional support with physical health and one-on-one support with daily living activities. These services are available at the facility at all times, and clients can remain at Crossroads II for up to two years.



Momentum client Val shares her experience at Crossroads Village and how the program transformed her life and outlook.

### The program provides the following:

- A safe, supportive, supervised environment that feels like home, with wellness groups and evidencebased practices for adults who can benefit from less restrictive settings.
- On-site services that promote recovery, reducing the length of hospitalization and increasing the number of eligible residents who can go on to independent living. This includes psychiatric services and case management, addiction treatment services, medication assistance and other support.
- Individual and group treatment for mental health and co-occurring disorders.
- Safe opportunities to increase family and social reintegration with social supports nearby.
- Discharge planning—including linkage to outpatient services—available to help residents transition to lower levels of care when they meet their goals for independent living.
- Support with activities of daily living, such as grooming and personal hygiene.

For many individuals with significant mental health needs, finding a stable and safe place to live is challenging—especially for those living on fixed incomes. Crossroads II allows residents to focus on their unique goals while living in a positive, community-focused setting. The program's ultimate goal is to foster and encourage independent living skills that clients can use long after they leave.

The program is located just across the street from Valley Medical Center, the County's Emergency Psychiatric Services, and Barbara Arons Pavilion (the County's inpatient psychiatric facility).

For more information about Momentum's Adult Residential Treatment programs, including Crossroads II, please visit www.momentumforhealth.org/art.





# Staff Spotlight

Sarah Fried, Occupational Therapist (pictured above, at right)



### Watch

Learn more about Sarah's work at Crossroads II alongside Tera (pictured above, at left), a Momentum client who is making incredible strides towards recovery after decades of struggling with mental health challenges and suicidal ideation. ur dedicated and hardworking staff are the heart of Momentum. Our staff wear many hats and represent a broad consortium of behavioral health professionals, including case managers, therapists, social workers, psychiatrists, occupational therapists, and more.

Sarah Fried has worked at Momentum's Crossroads II adult residential program since January 2024 as an occupational therapist. "What's unique about Momentum, especially in my role as an occupational therapist, is that I have a significant amount of freedom and creativity in how I can make an impact for clients. Instead of needing to be overly prescriptive, I have the flexibility and encouragement to treat clients as I see therapeutically fit," she says.

"It's nice to have the support of my entire team behind me in addition to the agency as a whole," she adds.

Below, Sarah provides more insight into her role at Crossroads II, which opened at the beginning of 2024 (learn more about Crossroads II on page 8).

# What do you help clients work on as an occupational therapist?

An easy way to think about occupational therapy is what occupies your time throughout the day: getting dressed, taking a shower, or making a meal are just some examples. In the context of someone navigating mental health conditions, it can be challenging to think about basic routines such as getting out of bed or taking care of hygiene. I help residents work on building these daily routines in a way that works for them and their unique needs.

In my work with clients, I like to use sensory integration to help with emotional regulation. Fidget toys, weighted lap pillows, and other items can really help with feelings of heightened anxiety.

"I think it's important to remind clients that recovery is not linear. We provide clients the skills to build resiliency during the 'downs' so that they can enjoy the 'ups' in life."

Additionally, I often help residents with activity analysis, which involves breaking down the tasks at hand into smaller pieces and getting a better idea of where the client is specifically struggling. For example, if a client says they want to get into gardening or another leisure activity, I help them figure out where to start. This helps to set the right kind of challenge for clients to accomplish their goals and move forward without getting overwhelmed.

# What does an average day at Crossroads II look like?

Crossroads II is an augmented Board & Care facility that is unlocked, which means clients have the flexibility to pursue their own schedules outside of our structured programming. Our day programs take place from 9:00 a.m. to 2:15 p.m. each day and include group classes and activities such as Anxiety Reduction, Writing as a Way of Healing, Anger Management, and more.





Clients that come here are pretty close to becoming integrated into the community. So our role at this level of care is to help them build the self-confidence and self-sufficiency they need to be independent once they leave us. This includes getting connected to outpatient services, getting their social security and other benefits going, choosing a doctor, or even obtaining a library card.

Mental health is often so stigmatized and there aren't always people to talk to about what you're going through. But in residential treatment programs like Crossroads II, everyone has a mental health diagnosis here and there is a whole community of support. Clients support each other, which is really powerful.

# What do you love most about your role?

I love this role because if you think about the things a person does throughout the day, that's their life. Every single day is what they do. Accomplishing daily tasks really impacts mental health because if you're able to get dressed, take a shower, and cook a meal, then you get to feel like you're doing it—and you're doing it for yourself. As an occupational therapist, to be able to play a role in that and to really be someone's cheerleader—to encourage them to do what they want to do and show them that they can do it—is very gratifying.

At left: Gardening is a favorite activity at Crossroads II, and residents enjoy creating meals out of veggies they grow, such as homemade pesto with pasta in the summertime.

# Third Annual Momentum Book Drive

# Gathers Nearly 4,000 Books for Programs

t's no secret that books can play an important role in mental health. Not only can reading be a relaxing activity that lowers stress and anxiety levels, it also offers the chance to step into new worlds, ideas, and thoughts—the opportunities for inspiration are limitless.

The strong connection between books and mental health resulted in Momentum's third annual book drive, which took place in May for Mental Health Awareness Month-ideally timed for spring cleaning!



In partnership with Juniper Networks, PlayStation, and Christie's International Real Estate Sereno, Momentum gathered new and gently used books throughout the month of May. In addition to corporate partners, individual community members also contributed books in a variety of genres and languages. These included addiction treatment and recovery, self-help, parenting, fiction, fantasy, sci-fi, history, religion, picture books, and coloring books for adults and children. Journals were also requested.





In total, more than 3,500 books were donated—a testament to the power of community and reading.

In total, more than 3,500 books were donated—a testament to the power of community and reading.

Following the drive, books were distributed to programs across Santa Clara County via our "Bookmobile" van and clients had the chance to choose up to 20 books each to keep for themselves.

"I've been looking for this book for the longest time and couldn't find it at my library! I'm so glad it's here," said one client.

Another added that she was happy to find children's books in Spanish. The excitement was palpable at each location as clients eagerly browsed the boxes, coming across new treasures.

Interested in learning about future book drives and other community events?

Be sure to sign up for our monthly newsletter at www.momentumforhealth.org (email registration box at the bottom of our homepage).



# How and when did you become involved with Momentum?

My wife and I first became involved with Momentum through a professional connection a few years ago. We were introduced to the incredible work they do and felt an immediate connection to their mission. What started as an introduction turned into a shared commitment to supporting the life-changing efforts Momentum delivers every day.

# What drew you to the work that Momentum does/its mission?

Momentum's mission resonated deeply with both of us. We believe in the importance of helping people through their most challenging moments—whether it's mental health struggles or addiction. In our lives, we've seen how these challenges can impact individuals and families, and we understand the value of organizations like Momentum that combine expertise, compassion, and action to make a real difference.

# In your own words, why do you think it's important to support mental health and addiction treatment efforts?

My wife and I believe that mental health and addiction treatment are foundational to creating healthier families and communities. These challenges don't discriminate—they touch everyone in some way.

For example, I experienced anxiety and panic attacks during my adolescence and into my early twenties. Through professional therapy and coaching, I learned how to navigate those challenges, which ultimately allowed me to grow into my current role. Life often brings personal challenges, and I truly believe we should do our best to support and uplift one another as we continue to grow.

By breaking down stigmas, we give people a chance to heal and rebuild. It's not just about recovery; it's about hope, dignity, and creating a future where no one feels alone in their struggles.



# We understand the value of organizations like Momentum that combine expertise, compassion, and action to make a real difference."

# From your perspective, what does it mean to give back?

For us, giving back means recognizing the blessings and opportunities we've been fortunate to have and paying it forward. It's about showing up consistently and intentionally, whether it's through our time, resources, or simply lending a helping hand. We believe that giving back is not a one-time act but a lifelong commitment to helping others rise and building stronger, more connected communities.

# The theme of the FY24 annual report is, "A Commitment to Community." What does a commitment to community mean to you in your own life?

For Shelly and me, a commitment to community means investing in the people, causes, and places that matter most. It's about being present and purposeful—building relationships, offering support, and making meaningful contributions to help those around us thrive. We believe that when we all do our part, no matter how big or small, the ripple effect can create lasting change for generations to come.

Kharlo Barcenas is Head of Sales and Marketing at VEC, a leading multidisciplinary firm specializing in construction technology services. Shelly Tam is a licensed esthetician and owner of Morgan Hill Skin Care.



o destigmatize mental health challenges, making treatment options accessible and available to all is critical. In April 2023, the La Selva Group, a division of Momentum for Health, launched a new evening Intensive Outpatient Program (IOP) that caters to the unique needs of students and working professionals—individuals who may not always be able to seek support during typical daytime hours.

The new IOP, led by Simi Bhaurla, Program Manager, delivers comprehensive mental health services

through a blend of individual and group therapies empowering participants to achieve lasting recovery and wellness in a nurturing environment that promotes healing and growth.

"Our program includes valuable psychoeducational components to build lasting coping skills, while shared meals—either catered or freshly prepared—create natural opportunities for community building. We balance therapeutic work with enjoyable activities to foster connection and joy in recovery," says Simi.

Participants currently meet on Tuesday and Friday evenings, but plans are in place to expand the schedule to a full three-day-per-week program once all spots have been filled. "We remain committed to growing alongside our community's needs," adds Simi.

A variety of evidence-based group therapies are provided, and clients benefit from comprehensive group therapy sessions where they can connect with peers facing similar challenges for deeper emotional exploration. Participants also meet individually with a therapist and psychiatrist each week.

The program offers a structured, multi-modal approach to support a wide range of recovery goals, and is in-network with most major commercial insurance plans.

For more information, please email Simi Bhaurla (pictured below, at left) at sbhaurla@momentumforhealth.org.



Visit La Selva's website at www.thelaselvagroup.org to learn more about other programs and services available to the community.



Simi Bhaurla, MS, LPCC Program Manager

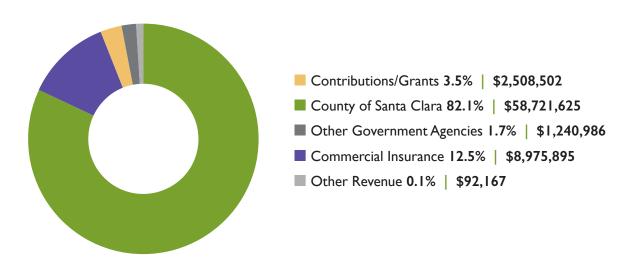


Jim Millsap, CPRP Executive Director

# **Financials**

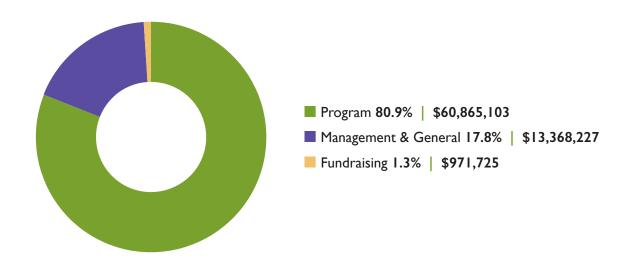
### Revenue Total:

\$71,539,174



### **Expenses Total:**

\$75,205,055



### **FY24 Board of Directors**

Georgina Baca, Chair

Systems Engineer, Senior Staff Lockheed Martin Space

Kathryn Williams, Vice Chair Community Volunteer

Jonathan Michael, Treasurer CFO, Annual Reviews

Joyce Puopolo, Secretary
Community Volunteer

David K. Mineta, President

President & CEO

Momentum for Health

James Bertonis CEO, Azure Comm

Jaime G. Chavez

Director, Specialty Commercial Banking, SVB Private

Delphia Edwards

Community Volunteer

Teri Eyre

Global Human Resources Executive

Richard "Dick" J. Foley

Co-Founder
Ewing-Foley, Inc

Fernando V. Hernandez

Owner & Attorney

Hon. Richard Loftus

Retired Superior Court Judge

Hal Mahon

Principal
Tashcon Corporation

Jason Noriega

Vice President of Experience, Christie's International Real Estate Sereno

Rev. Jason Reynolds

Senior Pastor

Emmanuel Baptist Church

William "Bill" Rippe

Realton

Alain Pinel Realtors

Mary Rotunno

**Board Director and Advisor** 

Lee Thorpe

Chief Quality Officer/VP Quality
Regional Medical Center of San Jose

Hon. Patrick J. Tondreau

Retired Superior Court Judge

Jahmal C. Williams

Director of Advocacy for Racial Justice San Jose State University

### **Executive Team**

David K. Mineta, MSW President & CEO

Shefali Miller, MD

Chief Medical Officer/ Chief Operating Officer

Gail Campanale, LMFT
Chief Officer of Outpatient Programs

Jennifer Chu

Director of Human Resources

Amy Duncan, Esq.
General Counsel and Chief
Compliance Officer

Theresa A. Matacia, CFA, QRD® Chief Financial Officer

Jim Millsap, CPRP

Executive Director, La Selva Group

Pat Mitchell

Chief Administrative Office

Eleonore Sosa Pace, MHRS

Chief Officer of Residential and 24/7 Programs



# Thanks to Our Donors

The following is a list of individuals and organizations who made a contribution to Momentum for Health between July 1, 2023, and June 30, 2024.

### **Government & Foundations**

Advocates for Human Potential, Inc. (AHP), funded by Department of Health Care Services (DHCS) Community Services Division

Borgenicht Foundation

**Braff Family Fund** 

City of Palo Alto

County of Santa Clara

**Dermody Properties Foundation** 

El Camino Health

El Camino Healthcare District

Jewish Silicon Valley

Kaiser Permanente Northern California Community Benefits

**Programs** 

Kaiser Permanente South Bay and Central Coast

Los Altos Mountain View Community

Foundation

Mission City Community Fund

Morgan Hill Kiwanis Youth Fund

Myra Reinhard Family Foundation

Quest Fund

Rotary Club of San Jose Foundation

Saint Andrew's Episcopal Church

Santa Clara Family Health Plan

SD Trombetta Foundation

Sereno 1% For Good Charitable Foundation Silicon Valley Community Foundation

Sorci Family Foundation

Stanford Health Care

Summit League

Sutter Health

The Geschke Foundation

The Sundt Foundation

United Way of the Bay Area

Wholesale Beer Distributor Trust

### Individuals & Corporations

### \$25,000+

Janice & Thomas Berthold

Joe & Nicki Parisi

Karen & Randy Baker

Nortia Staffing

### \$10,000+

Concern

Ewing-Foley, Inc.

FTG Builders

Gretchen & Dennis DeAndre

Lynda & Stephen Fox

Mark & Grace Sullivan

Mike & Kelly Hayes

Nancy & Niel Davidson

Silicon Valley Product Group, Inc.

The Sugering Family

### \$5,000+

Allied Telesis

David & Rosemary Hopkins

Garcia Pharmacy

Google

Jason Krikorian

John E. Hazen

Leslie C. Hsu & Richard A. Lenon

Morgan Stanley

Patricia Bresee

Star One Credit Union

### \$2,500+

**Anonymous** 

David & Christine Mineta

Dick Foley & Massy Safai, M.D.

Excite Credit Union

Glenn & Sue Ann Lorig

Hal Mahon

Honorable Leonard Edwards

Honorable Patrick & Diane Tondreau

Hooper, Lundy & Bookman, P.C.

Jim Tierney

Margaret & James Brady

Mary Rotunno & Kevin Bulivant

Pat Mitchell

Sally Fourmont

San Jose Water

Sarah DiBoise

Shelly & Kharlo Barcenas

Teri Eyre

### \$1,000+

Abbott Laboratories

Alys Milner & Michael O. Francini

Apple, Inc.

Brett Langsjoen & Marina Post

### Individuals & Corporations

Carmen Agrawal
Cecile Currier
Chad Woolf

Charles Sutton Chelsea Byom

Darin Dillehay

Darin Reichwein

Dave & Pattie Cortese

Donna Christian F5 Networks Frank Sarinana Gary Johnson

Georgina Baca HCA Healthcare

Honorable Richard & Karen Loftus

Jaime G. Chavez

Jason & Megan Noriega

Jo & Barry Ariko John & Susan Sobrato Jonathan & Ellen Michael

Julie Barney

Kathie & Gary Heidenreich

Kathryn Williams Kimberly Kole

LD & Michael Hirschklau

Lee Thorpe Lisa Rothrock

Margaret Becker Edwards

Matthew Ritthaler

Melanie Dumas & Jason Grimm

Melanie Grimm Mike Wookey

Navah & Meir Statman

Pacific Clinics Pamela Pfohl Prasad Saggurti Prime Electric

Reverend Michael & Janet Hollingshead

Robert & Barbara Lessing

Robert Garner & Penelope L. Rock

Stephen & Janelle Fodor Steven & Susan Ellenberg The Do Wright Trust Fund

VistaGen

\$500+

ATF Kretschmar Living Trust
David & Meredith Burnham

Diane Liguori Donna Tam Dr. Nicole Thai Dreanna Garcia

Fidelity Charitable Fund George Blake Campbell Geri & Pete Kutras

Honorable James T. & Patricia Beall

Jacqueline Gamaza
Jahmal & Regina Williams
Jennifer Yarbrough

Julie Jarvis Kevin Gardner

Grande Lum

Kristen Hege & Gibson Biddle

Leigh Flesher Meekyung Han PayPal Giving Fund Rachel Bolyard Sarah Wilson Sherri Sager Susan Coale

Susannah & Craig Albright

Uday Kapoor Yeting He

\$250+

Alex Lewis
Allison Reiss
Amy Duncan
Amy Gott
Andrew Shaffer
Anthony & Sue Atwell

Austin Wadlow Barrett Pullman Bill Rippe Brien Mahoney

Daan & Katherine Giron Delphia & Mike Edwards

Donna Petkanics Dr. Deborah Rose Dr. Shefali Miller Elisabeth Seaman

Ellen Jamason

Hatixhe B. Grbeshi

James Bertonis

Josephine Winder

Joyce Puopolo

Julia Phillips

Kan Wong

Kelly Sheahan

Laurie Nakahira

Leslie & Sam Pearl

Lillian Bergonia

Lisa Stanton Lenon

Magi Gabra

Mary Crocker Cook

Melanie Anstett & Lorrie Beeman

Melanie Chang

Meri Maben Myrna Aguilar

Niket Kamdar

Palo Alto Networks

Paul S. Taylor & Tessa Moore

Roche Molecular Systems

Rodney Knox Shabber Jaffer

Steve Feldman & Gem Benoza

Steven Kanter

Timothy & Janet Hughes Victor & Mary Ojakian Visswapriya Prabakar Walter L.Wadlow

\$100+

Alan & Victoria Templeton

Alexander Van Zyl Alison Russell

Avni Nijhawan Bart Dolmatch

C. Rose Miles

Carolyn Difrancesco

Charles Kollerer Charlotte Nixon

Christine Tran

Christy L. Williamson

Court Skinner

### Individuals & Corporations

Daniel Li

Darcy & Joe Becker
Derek Killough
Diana Elizondo
Diana Rodriguez
Dorothy E. Clapp
Dorothy Fuller Polash

Dorothy Saxe
Dr.Thomas Becker

Ed & Aurora Neuvenheim

Elisa Koff-Ginsborg & David Ginsborg

Francie Souza Gaurav Ashok

Jan Schwartz & Robert Baden

Jim & Nancy McGuffin Joan Berman & Paul Segall Kimberly & Michael Mulcahy

Lauren Halliwell Lisa Carr

Margarita Alcantar Martha & Jaime Lopez

Martha Beattie Mary Gardner May H. Mineta Miyo Tsukuda Morgan Hoang Neal & Sonja Locke

Pam Richter Patricia Starmack

Patrick & Marilyn Mitchell

Patrick Stanton

Paul Goldstein & Dena Mossar

Paul Hammes

Paula & Gregory Phipps

Paula L.Vail

Peggy & Alan Spool

Peter & Lorraine Strassman

Peter Knopf

Philip & Louise Colman Reverend Jason C. Reynolds Reverend Roger & Dottie Barney

Rich & Beverly Marconi Richard & Barbara Almond

Robert Harris & Stephanie Brown

Robert Sullivan

Samip Garg

Samuels Family Fund

Sarah Fried Sayantan Dasgupta Sharon Roth Sherri Shaner Stephanie Shonley

Susan Bruntz

The Rodriguez Family

Thomas Hall Thomas Laughlin Tianyi Zhang Valerie Fenwick William Prather William Uyeki

\$1+

Adithya Mahesh Alex Goldberger Alexandra Shwarzstein Amanda Trecartin

Ari Zhang Benjamin Atkin Brandon Lau Carol Kiparsky

Carol Kovach Mitchell & David M.

Mitchell

Christopher Gentry
Cora Flemate

Dale & Clarice Horelick

Deborah Mytels
Don Williams

Fe Ojascastro Fernando V. Hernandez Francisco Martinez

Giorgio Dorin & Deborah

Woodward-Dorin Hung Huynh Isaac Asuncion Isobel Press J. Rossmassler Jackson Healthcare

Janice Graze
Janice Hom
Jason Loveman

Joan B. Kachel Joe Schofield

Jonathan Greenberg

Kara Mitzel
Kristie Ramirez
Linda Krain
Linda P. Davidge
Lolita P. Gabot
Louella Romero
Luzon Kildoyle
Lynette Key
Maranda Yob

Maricela Del Real

Marsha & John Palitz-Elliott

Matt Trask & Honorable Katherine

Lucero

McCarthy Family Michael Kolito Nancy & Paul Denies Nishanth Sundhares

Noah Miller
Rolando Nobe
Ronald Levesque
Salesforce
Sara Fisher
Sayed Ashraf
Srecko Toroman
Stephen Lopez
Valerie Gonzalez

Whitney Walker

**In-Kind Donors** 

Anita Petit

Bill & Anna Martorana

Bill's Cafe

Bret & Carol Sisney
Carol & Keith Garvey
Eric & Elizabeth Johns
J. Lohr Vineyards & Wines

Jaime Maturino Jessica Delgado Kathryn Williams Olga Montenegro

Therma





Momentum for Health 1922 The Alameda San Jose, CA 95126 momentumforhealth.org

# Help us keep up the Momentum!

Community contributions help fill a critical gap



Every day at Momentum for Health, we walk alongside our clients, helping them navigate their unique paths to recovery. But government funding only covers a portion of the cost to run our programs.

Your generosity to the Momentum Fund allows us to provide whole-person care: mental health and substance use treatment, housing support, employment services, and more.

Please consider making a one-time or monthly gift to the Momentum Fund today!

For inquiries or to get involved in supporting our cause, contact our Director of Development.

Kevin J. Gonzalez, Ed.D., MBA

Director of Development Phone: 669.213.1564

Email: kgonzalez@momentumforhealth.org



DONATE TODAY