

*Building success together*  
**Momentum** | for Mental Health



**ANNUAL REPORT**  
**FY2018**

# A MESSAGE FROM OUR PRESIDENT & CEO

DAVID K. MINETA



Throughout Momentum's 21 years as an established mental health service provider, monumental changes have taken place within the behavioral health field. We've seen an improvement in technology that helps provide services to an increased number of people; we understand that mental health has more to do with genetics than simply having behavior issues; and we are slowly seeing the stigma surrounding mental health dissipate through education and increased dialogue surrounding this often taboo topic.

Yet, more improvements are needed to ensure that every person who requires services receives adequate and comprehensive treatment. Even after 29 years in this field, I still see a wall that separates mental health services and substance use disorder (SUD) services. Similar to being diagnosed with cancer or a heart condition, a person with either a mental health condition or SUD will need to see a specialist in order to start on their path to recovery. Someone that has both mental illness and substance use issues will visit two different agencies for services despite the clear psychobiologic connection that exists between the two disorders. Results from the 2016 National Survey of Substance Abuse Treatment Services demonstrate that 48.1% of adults with a mental illness and substance use disorder received treatment for one of those illnesses in the past year while only 6.9% received treatment for both.

Over one-third of the nearly 4,000 folks who received mental health services from Momentum for Mental Health last year also disclosed that substance use was a significant problem in their lives. And yet, somehow services for mental illness and SUDs are still extremely isolated from one another.

Traditional mental health providers rarely treat those with substance use disorders and vice versa. A fundamental reason for this dilemma is that there are two different Medicaid funding streams, one for mental health and one for substance use. The two streams have very different sets of requirements, different oversight, separate rate structures and privacy regulations that, collectively, make integration between mental health and SUD services very challenging.

As Momentum looks ahead to the next year, we are working to bridge the gap between mental illness and substance use treatment. Recently, our organization became certified to provide treatment for substance use disorders at seven of our locations. Integration of these services is a necessity and I can't wait to see what Momentum can do to fully serve our community!

A handwritten signature in black ink that reads "David K. Mineta". The signature is written in a cursive, flowing style.

David K. Mineta  
President & CEO





**MISSION:** Momentum for Mental Health exists to help individuals achieve mental and emotional health, discover and reach their potential, and fully participate in life.

**MENTAL ILLNESS STRIKES MANY INDIVIDUALS IN THE PRIME OF THEIR LIVES.**

- Impacts 1 in 5 Americans
- Afflicts people regardless of age, race, sex, or socioeconomic status
- Strikes early, impacting teens and young adults with depression, anxiety, anorexia, and substance use
- Stigma often prevents people with symptoms of a mental illness from seeking treatment, leading to a possible decline in health



**3,133**

**UNIQUE CLIENTS SERVED**

**9**

RESIDENTIAL HOMES

**5**

OUTPATIENT FACILITIES

**2**

ADMINISTRATION SITES

**400 +**

**SKILLED & HIGHLY TRAINED SERVICE PROVIDERS**



**MOMENTUM FOR MENTAL HEALTH**

- is the largest nonprofit provider of adult mental health services in Silicon Valley
- provides clients with the tools and resources necessary to live full lives and achieve recovery
- is comprised of a broad portfolio of connected services including prevention and early intervention programs, outpatient services, day rehabilitation, residential treatment, supported housing, and employment services

**CONTACT**

438 N. White Road / San Jose, CA 95127

408.254.6828

[www.momentumformentalhealth.org](http://www.momentumformentalhealth.org)

**FIND MOMENTUM ON**

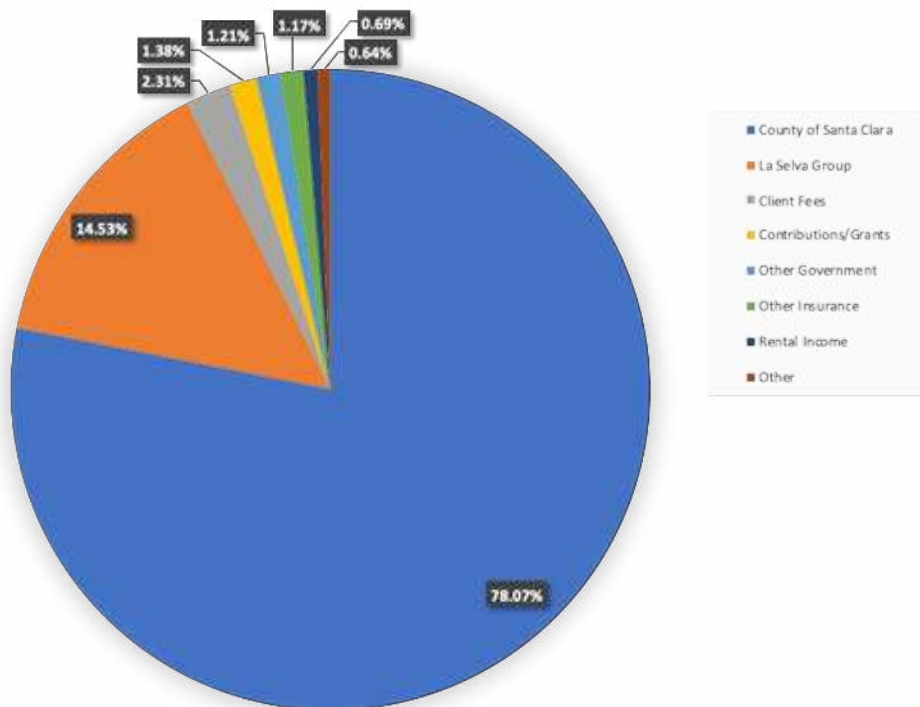


# FINANCIAL REVIEW

We work together with individuals and families within a collaborative and cost-effective setting to provide a client-centered approach to high quality care.

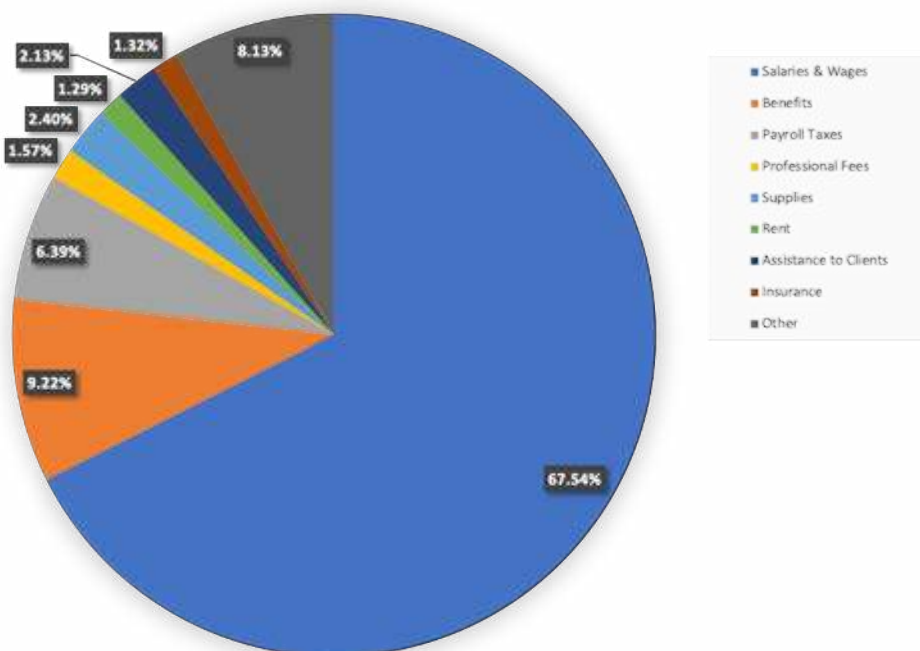
## REVENUES

County of Santa Clara	\$31,899,393
La Selva Group	\$5,936,478
Client Fees	\$943,686
Contributions/Grants	\$562,471
Other Government	\$494,724
Other Insurance	\$479,068
Rental Income	\$282,148
Others	\$259,653
	<b>\$40,857,621</b>

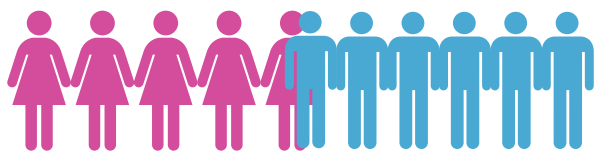
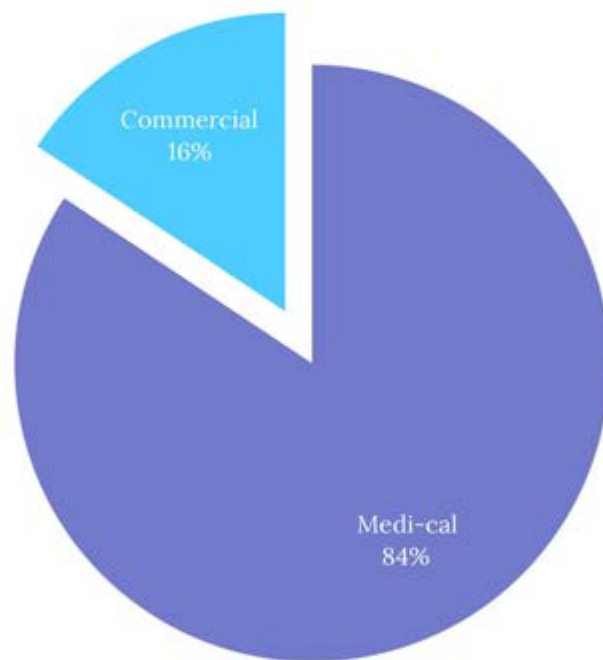
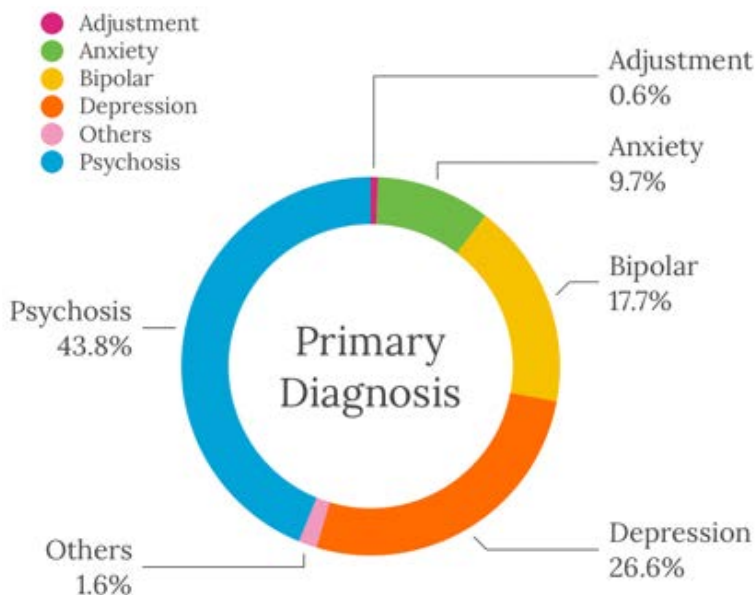


## EXPENSES

Salaries & Wages	\$27,631,419
Benefits	\$3,773,699
Payroll Taxes	\$2,614,086
Professional Fees	\$640,629
Supplies	\$983,303
Rent	\$528,488
Assistance to Clients	\$872,132
Insurance	\$538,431
Other	\$3,326,572
	<b>\$40,908,759</b>

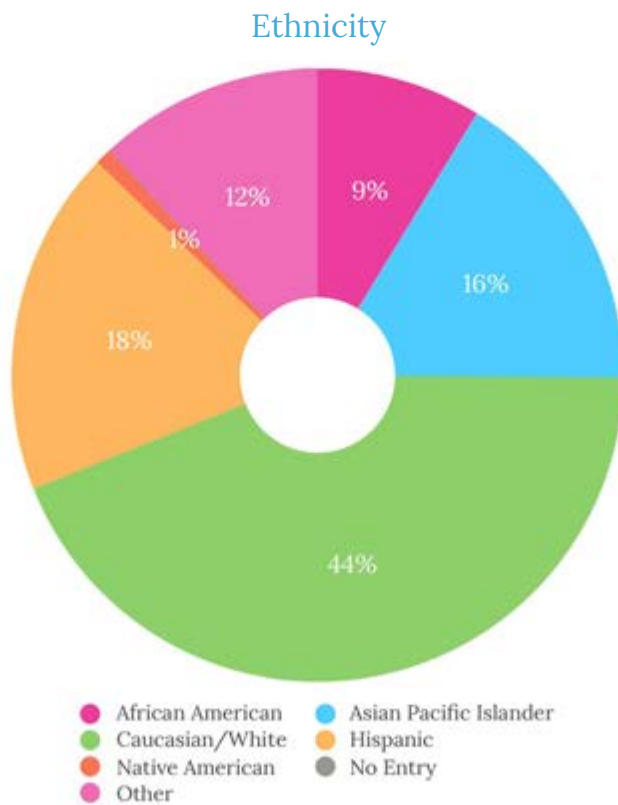
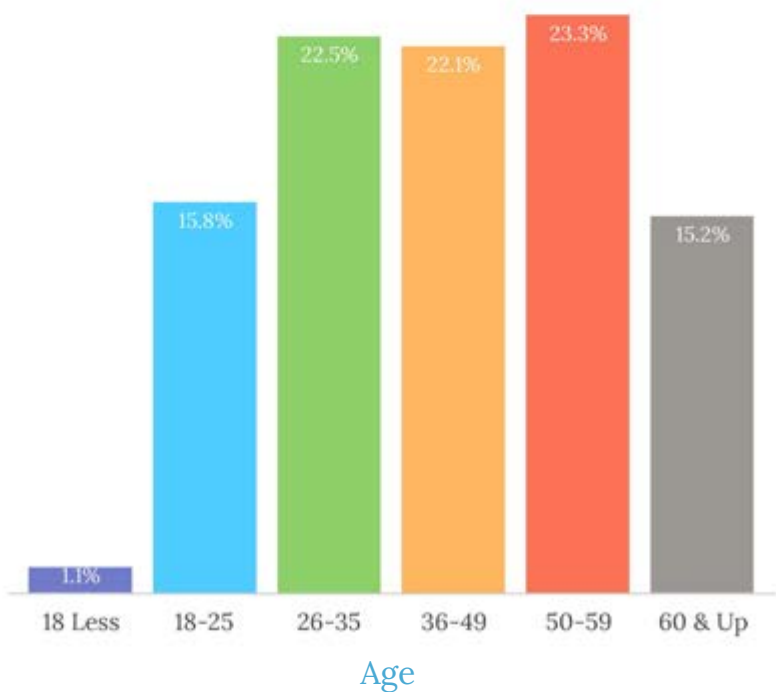


# AT A GLANCE



Female - 47.7%

Male - 52.3%



# OUR SUPPORTERS

Between July 1, 2017 - June 30, 2018

On behalf of the staff and Board, we would like to thank our generous donors, sponsors and volunteers for their investment in the behavioral health care of our community.

## \$10,000+

El Camino Healthcare District  
El Camino Hospital  
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Gary Lessing  
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Marcia R. Burns  
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Santa Clara County Federal Credit Union  
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Stephen Fodor  
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The McKenzie Foundation  
Trino Ramirez  
Tropicana Drugs  
United Way of the Bay Area  
Uplift Family Services

# THANK YOU



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# THANK YOU

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# THANK YOU



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Bay Area Nutrition, LLC.	Jeannine Angell	Rhonda Lakatos
Blackhawk Country Club	Joe Inman	Richard J. Foley
Cafe Borrone	John's Grill	Shana Thai
CASCAL Restaurant	Livermore Wine Trolley	Sports Basement
Christina Mendaros	Lungomare	St. George Spirits
Disneyland Resort	Magdalena Goldstein	Staglin Family Vineyard
Dolce Hayes Mansion	Mancini's Sleepworld	Stella Alpina Osteria
Dry Creek Grill	Margaret Brady	Takara Sake USA, Inc.
Dublin Ranch Golf Course	Melanie Anstett	Tony Zimmerer
Edwin Estrada	Kelly & Michael Hayes	Yuki Lapin
Flights Restaurant	Mike McCollum	
Gilroy Gardens	Moraga Country Club	

# THANK YOU

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\*Reflects service between July 1, 2017 to June 30, 2018

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