



ANNUAL REPORT

FISCAL YEAR 2017

BUILDING SUCCESS TOGETHER



MISSION

Momentum for Mental Health exists to help individuals achieve mental and emotional health, discover and reach their potential, and fully participate in life.

BUILDING SUCCESS TOGETHER



WELCOME TO OUR ORGANIZATION

DAVID K. MINETA

President & CEO

2017 was Momentum's 20th anniversary year, and what a year it was. We provided services to more people than any year before. We opened up two new programs: an adult crisis residential program for those suffering from an acute mental health crisis, and a 120-day, intensive outpatient program for those in the criminal justice system. With the assistance of our generous donors, we made facility improvements to two residential facilities. And, we topped off our anniversary year honoring the former Surgeon General of the United States, Dr. Vivek Murthy, at our annual Shining Stars event. While Momentum experienced wonderful success this past year, I am simultaneously reminded of the many community members who still need assistance.

When I first took on the role of President and CEO of Momentum two and half years ago, I consistently saw one of our clients in the lobby and outside one of the organization's offices. For confidentiality purposes, I will call him George. We eventually struck up a conversation that lasted about a year and half. He was in and out of services but would still come to the office regardless of his enrollment or housing status. As with so many folks qualifying for services, George's symptoms would ebb and flow from serious to more serious. Last winter, I saw him walking in the rain on the street and pulled over to talk to him as I had not seen him in months. He said he was doing ok, but had lost a lot of weight and looked very frail. I asked if he wanted a ride to the office, but he said "thanks" and kept going along his way. He said, "Bye Dave. Good seeing you." This small but meaningful interaction weighs heavily on my heart knowing George may no longer be receiving the care he needs to live a healthier life.

We are truly blessed to work in the behavioral health community and assist so many individuals and families. It is in fact a privilege. We must work together to treat, feed, employ, and house those who are most in need and who, for example, might be sitting right in front of us on the curb in front of our favorite cafe. This is Momentum's commitment as we look forward to our next 20 years. Through innovative approaches to treatment, dynamic and culturally competent staff members, and the support of our community, we are ready to see what the future holds for mental health in Santa Clara County. Our community deserves the best mental health care and we won't stop working until we help all who seek mental health aid. Your support continues to make a difference as Momentum helps Recovery Champions seek a lower level of care and continue on their journey to a happy and healthy life. Thank you for your assistance.

WHAT WE DO

MOMENTUM OFFERS A WIDE ARRAY OF PROGRAMS AND SERVICES THAT INCLUDE

- Transitional Age Youth (TAY) and Adult Full Service Partnership programs.
- Comprehensive outpatient case management, rehabilitation groups, mental health and medication services.
- Supported housing and independent living options throughout Santa Clara County.
- Employment Services program for those individuals that wish to return to work.
- A 45-bed transitional board and care facility that includes on-site wellness services, physical healthcare and transitional case management.



In addition, to meet the immediate needs of individuals in crisis and to prevent the need for higher levels of care including hospitalization, we offer four Crisis Residential Programs and the first Adult Crisis Stabilization program in Santa Clara County.

Momentum for Mental Health presents over 40 years of experience providing Crisis Residential Services (CRS)

locally in Santa Clara County. Clients come to these programs through a variety of referral sources including locked settings (acute hospitals, Institutes of Mental Disease [IMDs], jails, state hospitals, and state prisons) who are expected to have difficulty functioning in the community outside of institutional settings. In addition we offer FSP-90, a program that helps persons with long histories of institutional living reintegrate into the community.

The majority of our programs across the agency provide a 24/7, 365 days per year, live-person on call system designed to help with unplanned crisis.

We partner with Foothill Clinic, a San Jose based Federally Qualified Health Center (FQHC) that provides clinic based primary care services at two of our largest service locations. Momentum also partners with another FHQC, Mayview Community Health Clinic, a primary care services provider in North County.

Through a collaborative partnership with Starlight Community Services. Momentum's Raising Early Awareness and Creating Hope (REACH) program serves youth ages 10-25 who are either showing early signs or have recently been diagnosed with a psychosis. Through individual and group therapy as well as wraparound services for families, REACH provides the resources necessary to decrease the major symptoms of mental illness before they have a major impact on a youth's daily life.

We have long offered dual diagnosis groups and are currently expanding our service array to accommodate those with a substance use issue. We are increasing staff compe-

tencies in this area by recruiting staff members who have experience working with individuals who struggle with substance use while improving our existing staff competencies by providing training and support to become Certified Alcohol and Drug Abuse Counselors (CADAC certification).

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LA SELVA WAS EXCITED TO COMPLETE THEIR FIRST PHASE OF THE RESIDENTIAL REMODEL. THE REMODEL PROJECT BROUGHT CLIENTS A NEW KITCHEN, AN EXTENDED DINING ROOM, NEW BATHROOMS, AND UPGRADED BEDROOMS.



STATEMENT OF FINANCIAL POSITION

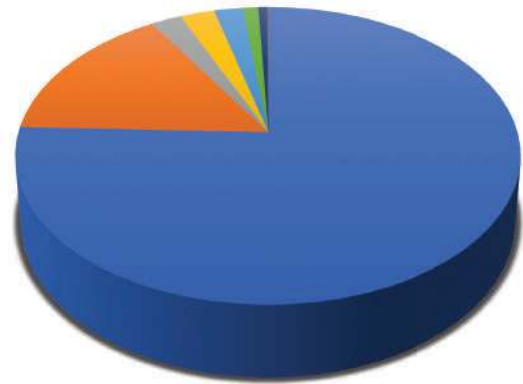
JULY 1, 2016 - JUNE 30, 2017

We work together with individuals and families within a collaborative and cost-effective setting to provide a client-centered approach to high quality care.

REVENUES

\$36,874,051

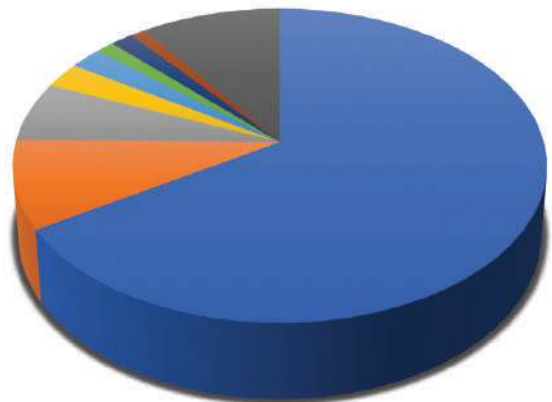
County of Santa Clara	\$27,877,872
La Selva Group	\$5,723,437
Contributions/Grants	\$838,415
Room & Board	\$941,911
Other Insurance	\$786,261
Department of Rehabilitation	\$431,208
Rental Income	\$237,151
Other Government Agencies	\$14,130
Other	\$23,666



EXPENSES

\$36,378,375

Salaries & Wages	\$24,074,397
Benefits	\$3,277,522
Payroll Taxes	\$2,259,760
Supplies	\$958,704
Professional Fees	\$821,872
Rent	\$468,362
Assistance to Clients	\$579,120
Insurance	\$391,429
Other	\$3,547,209



WE ARE HONORED TO SERVE OUR COMMUNITY

OUR INCREDIBLE TEAM IS INSPIRED BY THE MISSION TO HELP INDIVIDUALS ACHIEVE MENTAL AND EMOTIONAL HEALTH, DISCOVER AND REACH THEIR POTENTIAL, AND FULLY PARTICIPATE IN LIFE.

EXECUTIVE TEAM

David K. Mineta, MSW
President & CEO

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Executive Director of La Selva Group

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Chief Officer of Outpatient Programs

Melinda Golden, MBA
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Chief Performance Officer

Victoria Stanton, MD
Chief Medical Officer

Richard Jennings, JD
Director of Human Resources

Dan Correa, MHRS
Chief of Residential Programs

Michael P. Hayes, MSW
Director of Development



TODAY MOMENTUM

is one of the largest private nonprofit providers of adult mental health services in Santa Clara County.

WHAT AN EXCITING YEAR 2017 HAS BEEN FOR MOMENTUM!

This year marked two decades since the merger of four respected agencies resulting in our organization. Collectively, that represents over 100 years of history. We added a new facility to support crisis stabilization and residential services, rolled out a successful remodel campaign to improve client housing and provided mental health services to a unique client count of over 4,000 individuals. For the past year, Momentum showcased an awareness campaign throughout the Bay Area called A Day in the Life of Recovery. This traveling exhibit has been displayed in over 21 locations.

92
clients
served

IOP 120 PROGRAM

The intensive outpatient program opened in 2017 and provided services to 92 clients.

287
clients
served

FAMILY AND YOUTH SERVICES

This fiscal year 287 clients received support services through our Martinvale site.

225
clients
served

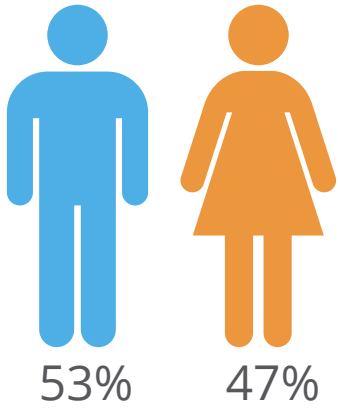
LA SELVA GROUP

In one year, La Selva's California Avenue location served a total of 225 clients.

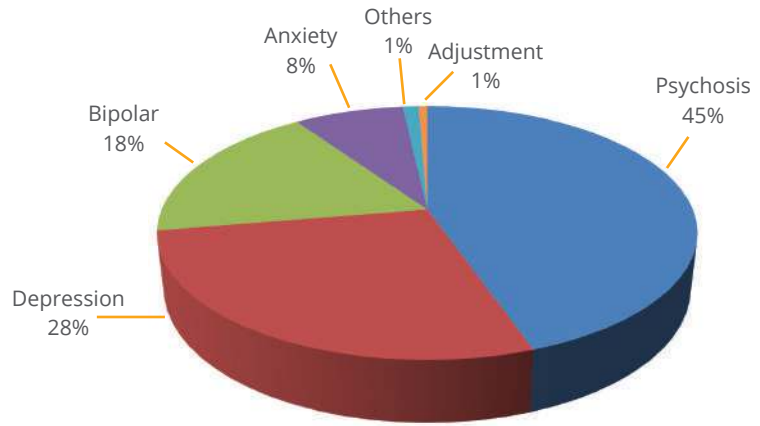
IMPACT ON OUR COMMUNITY

SOME FACTS

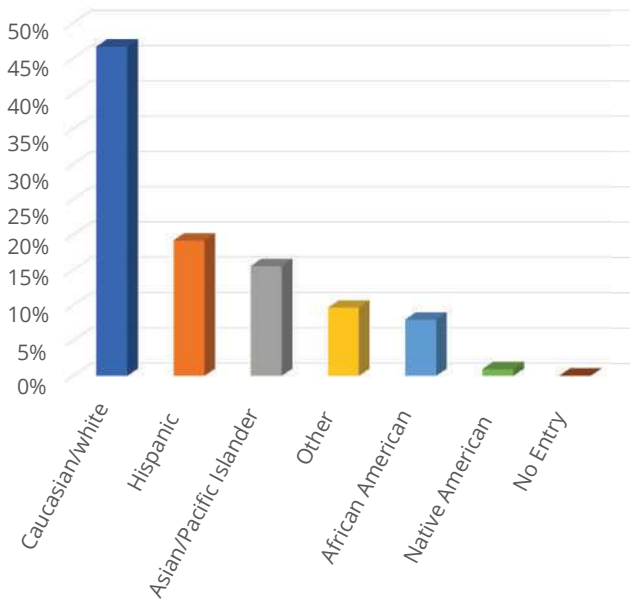
GENDER



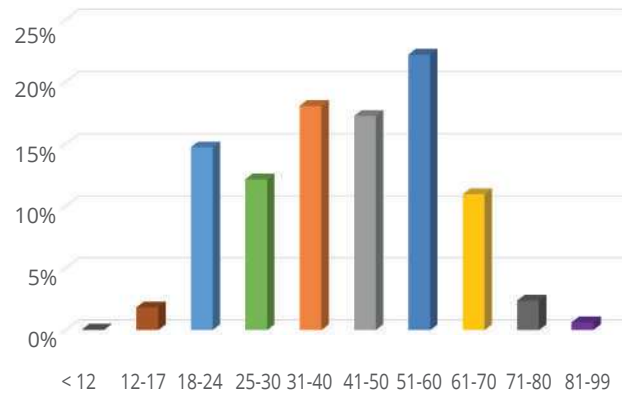
PRIMARY DIAGNOSIS



PRIMARY ETHNICITIES



AGE GROUP



MORE ACCOMPLISHMENTS

340
clients served

DOWNTOWN/1ST STREET

In 2017 the San Jose location hit full capacity. This resulted in 340 active and engaged clients able to receive mental health services.



50+
referrals

ALAMEDA OUTPATIENT

The Assessment and Customer Service, Outpatient Sites, and the Clinic processed 50+ extra referrals from the Call Center between May-June 2017.



**Over
4,000**
unique clients

28
employed

EMPLOYMENT SERVICES

28 individuals were successfully employed in 2017 through employment services. The average wage for those employed was \$16.24, a 23% increase from the previous year.

New
Program

ADULT CRISIS RESIDENTIAL

The new Behavioral Health Center on Jose Figueres Avenue in San Jose provides Crisis Residential and Crisis Stabilization services.



WE ARE DEEPLY GRATEFUL TO OUR SUPPORTERS

ON THE FOLLOWING PAGES, WE ACKNOWLEDGE THE GENEROUS DONORS WHO SUPPORTED MOMENTUM DURING THE PAST FISCAL YEAR, WHICH BEGAN JULY 1, 2016 AND ENDED JUNE 30, 2017.



Aaron Williamson
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Alan M. Spool
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Doug & Sally Eustice	Greg Sommer	Jenelle Wooden	

WORKING TOGETHER TO HELP



IN FY2017, WE RECEIVED CONTRIBUTIONS AND GRANTS FROM NUMEROUS INDIVIDUALS, CORPORATIONS AND FOUNDATIONS. THROUGH YOUR GENEROSITY WE CONTINUE TO SERVE THE COMMUNITY.

Kari Apter
Kathleen Collins
Kathy Danaher
Keith Gory
Keith Matasci
Kelli Elliott
Kelly & John Kvam
Kennedy Figueroa
Kenneth Wicks
Kevin Doughty
Kevin Jiang
Kevin Williams
Komal Dhingsa
Koret Foundation
Kulmeet Dang
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Kyle Schrimpf
Laurie & Robert Withers

Laurie Jacobvitz
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Martha Lewis
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The Fairmont - San Jose
The Farmers Union
Timothy Starbird
Trader Joe's (Coleman Avenue)
Yuki Lapin

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Momentum

for Mental Health

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